**Missoula County Public Schools**

**Graduations Matters Missoula Student Wellness Subcommittee**

Monday, January 7, 2013

3:00-4:30pm

Administration Building, Room 14

**Guiding Question:**

How do we work with students, staff, parents, and community members to identify and implement strategies that will significantly improve the physical and mental health of students so that we may ensure 100% graduation for all students, regardless of circumstances?

**Long term targets:**

***Enhance Student Wellness*** – work with students, staff, parents and community members to identify and implement strategies that will significantly improve the physical and mental health of students. Work on both policy and curricular recommendations in the following subcategories:

* Nutrition
* Physical Activity
* School Health
* Mental Health/Substance Abuse Prevention

**Short term targets:**

* Review and develop understanding of Healthy, Hunger-Free Kids Act, December 2010 (Stacey)
* Understand MCPS/Missoula City-County Health Department collaboration on BMI in region 3 schools (Mary)
* Locate and review current MCPS nutrition, competitive foods policies (Linda)
* Begin review competitive foods policies from other school districts (Mary)
* Begin analysis and evaluation of research and standards on competitive foods best practices in schools
* Review American Indian cultural considerations related to nutrition policy recommendations (Rosie)
* Discuss relationship, if any, developed between CATCH curriculum and Common Core State Standards (Robyn)

**AGENDA**

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| **3:00-3:05** | Welcome and review agenda |
| **3:05-3:15** | Video:[*Healthier Snacks for Healthier Schools*](http://www.youtube.com/watch?v=l-o6OMKqgb4) |
| **3:15-3:30** | Discussion of Healthy, Hunger-Free Kids Act, December 2010 (Stacey) |
| **3:30-4:00** | Presentation of MCPS/Missoula City-County Health Department collaboration on BMI in region 3 schools (Mary) |
| **4:00-4:05** | Review MCPS nutrition, competitive foods policies currently in place (Linda) |
| **4:05-4:15** | Begin review of competitive foods policies from other school districts (Mary) |
| **4:15-4:20** | Review American Indian cultural considerations related to nutrition policy recommendations (Rosie) |
| **4:20-4:25** | Discuss relationship, if any, developed between CATCH curriculum and Common Core State Standards (Robyn) |
| **4:25-4:30** | Closing and next steps  ***SET NEXT MEETING DATE AND TIME*** |